Curriculum for Diploma in Psychiatric Nursing

(A specialization course on Psychiatric Nursing)

Bangladesh Nursing and Midwifery Council

Diploma in Psychiatric Nursing Curriculum 2023
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Preface

Nurses are assumed to take responsibilities in the health care system. The demands of trained and qualified nurses have been increasing remarkably throughout the world. The curriculum is developed on Psychiatric Nursing Care because of dynamic changes of disease patterns and their scientific procedures. Nurses are under taking more advanced and proactive roles in improving the standard of Psychiatric nursing services. In accordance with the advanced technology and knowledge development in the field of health science, changes become obvious in nursing education and practices. In addition to these, specialized hospital facilities and units with advanced knowledge and technique in psychiatric nursing are increasing. However, due to the shortage of specially trained psychiatric nurses, proper mental health and psychiatric care and management are hampered. For this reason, advanced knowledge and skills are necessary in preparing future specialized psychiatric nurse to minimize the problems related to psychiatric disorder in the health care settings.

In considering this Bangladesh Nursing and Midwifery Council has taken initiatives to develop specialization course in different special fields. From this perspective this Diploma in Psychiatric Nursing Curriculum is developed by some experts.

I am confident that this curriculum will be useful to produce competent nurses to reduce the magnitude of the existing mental health and psychiatric problem in Bangladesh.

Md. Azizur Rahman
President
Bangladesh Nursing & Midwifery Council

DECLARATIONS

Name of the course: Diploma in Psychiatric Nursing

Acronym:	DPN
Duration:	One year
Document:	Curriculum and Syllabus of Psychiatric Nursing-2023
Compliance:	This document developed in conformity with other diploma courses (one year duration) approved by the Bangladesh Nursing and Midwifery Council, Dhaka, Bangladesh.
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I am very grateful to those individuals who felt the demand of the current situation in the field of Psychiatric Nursing and were encouraged directly and indirectly to develop this curriculum to produce competent psychiatric nurses for providing quality care to patients with psychiatric disorders in community and clinical settings.

(Ms. Rasheda Begum)
Registrar
Bangladesh Nursing and Midwifery Council

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Diploma in Psychiatric Nursing Curriculum

Introduction

Mental disorders are important causes of disability and mortality and reducing their burden is one of the goals of Sustainable Development Goals (SDGs). It is estimated that one in five people will experience a mental health problem in their lifetime. Studies from all over the world show that as much as 40% of all adults attending general health care services are suffering from some kind of mental disorders (Patel, 2003). According to the World Health Organization (2022) one in every eight people or 970 million people around globe are living with a mental disorder. The burden of mental disorders is also high in Bangladesh. The National Mental Health Survey, conducted in 2019 in Bangladesh, reported the prevalence of any mental disorders as 18.7% in adults and 12.6% in children (Alam et al., 2021). Also, 3.3% of the adult population suffer from various types of substance use disorders.

There are challenges in delivering health care services for mental disorders and treatment gap is reported as high as 94% in Bangladesh. Reasons cited for such high treatment gap includes lack of awareness about disability and service availability along with shortage of manpower, poor integration between different levels of care, concentration of services at the tertiary level only, inadequate training of primary level health care workers and disease associated stigma (Ministry of Health and Family Welfare, 2021; Hossain et al, 2014; Jahan et al., 2017). Bangladesh has an estimated 260 psychiatrists, or approximately 0.16 per 100,000 population, as well as 700 nurses who provide mental health specialty care (0.4 per 100,000) and 565 psychologists (0.34 per 100,000) (WHO, 2017). Currently, there is no Psychiatric Nursing course in Bangladesh and patients with mental disorders are managed by nurses with degree on General Nursing.

These facts indicate the there is an immense need of mental health care professionals in Bangladesh. It has been demonstrated that psychiatric care can be delivered effectively by trained nurses and other healthcare workers. These trained health workers can facilitate early detection and appropriate referral of persons in mental distress and can provide hospital management, psychosocial interventions and rehabilitation services. Therefore, it is critical to integrate these workers in psychiatric care delivery.

National Institute of Mental Health and concerned nursing personnel have perceived the importance of psychiatric nursing and decided to develop a curriculum on Mental Health and Psychiatric Nursing for developing specialist nurses on mental health. The prime objective of this program is to generate a group of Psychiatric Nurses to provide

highest standard of professional care for people with mental health conditions. This program also aims to train them maintaining international standard, so that, they can serve both home and abroad.

Description of the program

Curriculum Title: Diploma in Psychiatric Nursing

Degree Awarded: Diploma in Psychiatric Nursing

Registration & Certificate: Will be provided by Bangladesh Nursing and Midwifery Council as a "**registered psychiatric nurse".**

1. **Number of participants**: Yet to be decided.
2. **Medium of instruction:** English and Bangla.
3. **Institutions**: Hospitals and institutes where all facilities to run the course are available.

Vision, mission, goals and objectives

Vision

The vision is to actively strive for excellence in nursing education, practice, administration and research related to the mental health needs of the individual, family and community.

Mission

The mission is to develop expert psychiatric nurses who can provide quality, holistic nursing care to individuals suffering from mental disorders, who can manage individuals with mental disorder in clinical and community settings and to promote mental health and wellbeing of all people of Bangladesh.

Goals

The overall goal of the course is to prepare competent psychiatric nurses who will have the necessary skills for prevention, early identification and management of mental disorders in a comprehensive and holistic way according to the health care needs of individual, family and community and who will be able to promote mental health in different settings.

Objectives

The specified objectives of this specialization course are given below.

Upon completion of the course, the nurses will be able to:

1. Demonstrate in-depth knowledge on neuro-anatomy and physiology related to normal and abnormal functioning of human brain and behavior.
2. Demonstrate extensive knowledge on human psychology, sociology and behavioral science related to human behavior.
3. Acquire advance level of knowledge and skills on mental health and psychiatry in the care of individuals with mental disorder.
4. Develop communication skills in history taking and mental state examination for reaching a nursing formulation along with efficiency in providing psycho-education and counselling service.
5. Implement knowledge regarding pharmacological, biological and integrative therapy for effective patient management and analyze legal and ethical issues including neglect and abuse in psychiatric nursing.
6. Provide primary care management for psychiatric emergency patients and will be able to identify when referral is needed.
7. Explain the principles of community psychiatric nursing, mental health promotion, mental illness prevention and psychosocial rehabilitation.
8. Use information and technology to communicate, manage knowledge, mitigate error, and support decision making in psychiatric settings.
9. Apply quantitative reasoning and evidence-based knowledge in psychiatric care settings.

Table 1: Relevance of Objective and Curriculum course

Learning Outcomes/ Objective	Course																
	Core and Specialty										Care & Intervention						
	Basic of Psychiatry					Psychiatric Disorder					Psychological and Social Management			Psychiatric Nursing Management			
Specific Outcomes/ Objective	Neuro-anatomy	Neuro-Physiology	Psycho-Pharmacology	Psychology	Informatics and Research	Child, Adolescent & Family	Adult	Geriatric and Organic	Addiction	Forensic	Communication Skills	Psycho-education and Counseling	Psychiatric Social Work and Rehabilitation	Community and Inpatient Psychiatric Nursing	Psychiatric Emergency Nursing	Maternal Mental Health	Psychiatric Nursing Care Plan and Diagnosis
Demonstrate in-depth knowledge on neuro-anatomy and physiology related to normal and abnormal functioning of human brain and behavior	•	•	•	•													
Demonstrate extensive knowledge on human psychology, sociology and behavioral science related to human behavior.				•							•	•					
Acquire advance level of knowledge and skills on mental health and psychiatry in the care of individuals with mental disorder.	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Develop communication skills in history taking and mental state examination for reaching a nursing formulation along with efficiency in providing psycho-education and counselling service.	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Implement knowledge regarding pharmacological, biological and integrative therapy for effective patient management and analyze legal and ethical issues including neglect and abuse in psychiatric nursing.	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Provide primary care management for psychiatric emergency patients and will be able to identify when referral is needed.	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Explain the principles of community psychiatric nursing, mental health promotion, mental illness prevention and psychosocial rehabilitation.					•	•	•	•	•				•	•		•	
Use information and technology to communicate, manage knowledge, mitigate error, and support decision making in psychiatric settings.					•												
Apply quantitative reasoning and evidence-based knowledge in psychiatric care settings.	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•

Course structure

Duration of Course: 1 year (52 weeks)

The course structure is designed on 40 weeks out of 52 weeks per year.

Table 2: Distribution of hours for Theory classes & Practicum

Theory = 12 weeks = 432 hours	**Practice = 28 weeks = 1344 hours**
1 day = 6 hours	1 day =8 hours
1 week = (6×6) = 36 hours/week	1 week = 6 days = (8×6) = 48 hours/week
So, 12 weeks = (36x12) = 432 hours	So, 28 weeks = (28×48) = 1344 hours
1 credit =16 hours	1 credit = 96 hours for Practice
432 hours = (432/16) = 27 Credits	1344 hours = (1344/96) = 14 Credits
Total Credit = 27	Total credit=14

Total hours & Credits for Theory (T) and Practice (P):

Total hours of Theory class =12weeks × 36 hours = 432 hours = 27 Credits

Total hours of Practicum= 28 weeks× 48 hours = 1344 hours = 14 Credits (with field trip)

Total hours for Theory, Practice and Field Trip = (432 + 1344) =1776 hours

So, Total Credits: (27++14) = 41 Credits

Table 3: Subjects, hours and credits

Subjects, hour and credit structure of the course

No.	Subject	Hours (T/L/P)	Credits (T/L/P)
Psychiatric Nursing: Core and Specialty Courses			
Paper I	Basics of Psychiatry	(112/0/192)	9(7/0/2)
Paper II	Psychiatric Disorders	(96/0/384)	10(6/0/4)
Psychiatric Nursing: Care and Intervention			
Paper I	Psychological and Social management	(112/0/384)	11(7/0/4)
Paper II	Psychiatric Nursing Management	(112/0/288)	10(7**/0/3)**
Field Trip		(0/0/96)	1 (0/0/1)
Total credits =		(432/0/1344) = 1776	(27/0/14) =41

Grand Total credits = 41 (432/0/1344); Total hours 1776

Figure 1: Illustration of Subjects

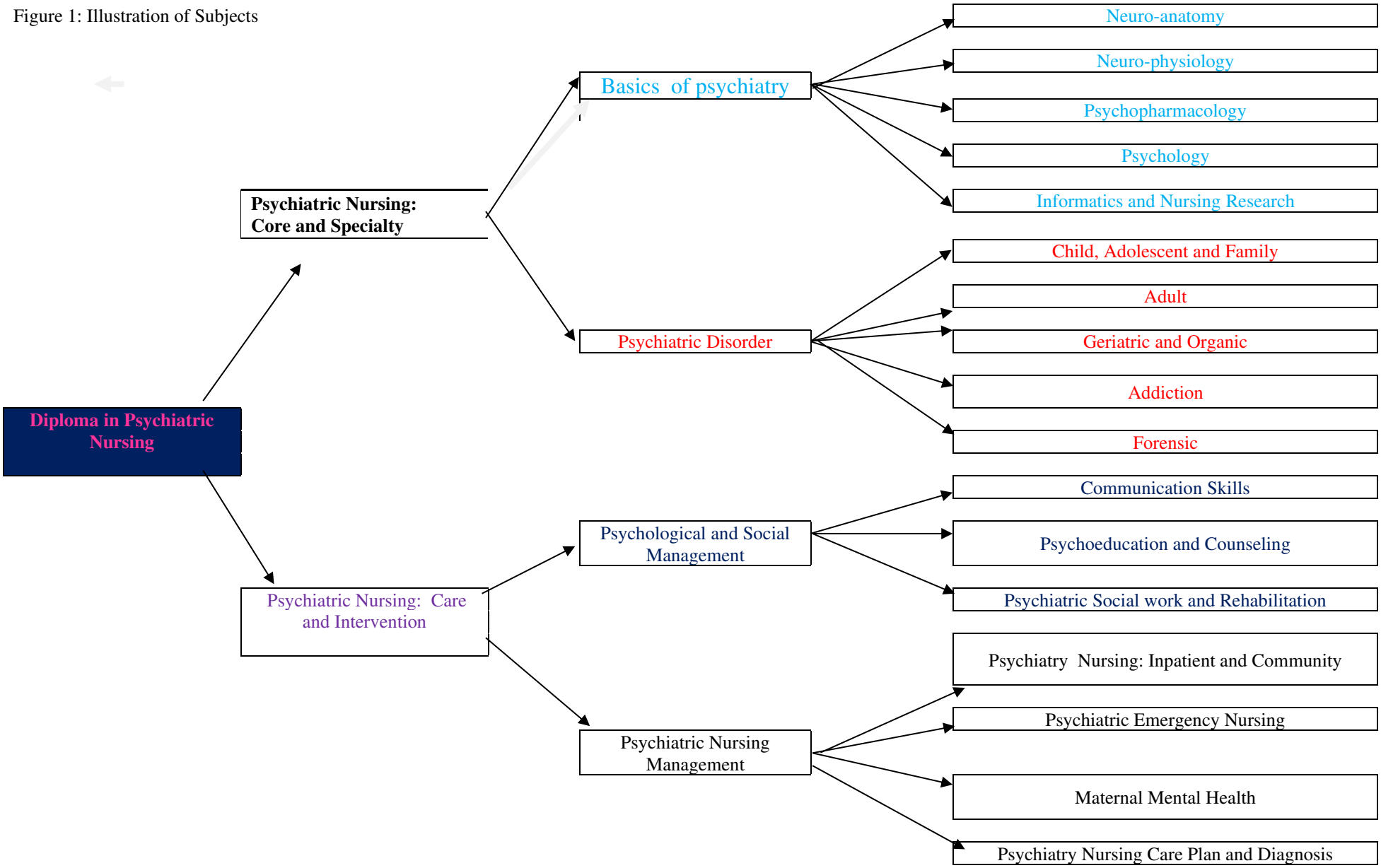

Table 4: Master Plan for Diploma in Psychiatric Nursing

L	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
T	T	T	T	T	T	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	FT	R	R	ME	ME	L	L
27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52
T	T	T	T	T	T	FT	CP	CP	L	Cp	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	R	R	FE	FE	L

T	Theory class	= 12weeks
CP	Clinical Placement	= 26 weeks
	Field Trip	= 2 weeks
ME	Midterm Exam	= 2 weeks
R	Revision	= 4 weeks
FE	Final Eaxm	= 2 weeks
L	Leave	= 4 weeks

Diploma in Psychiatric Nursing – Admission Process

Admission criteria

This post basic specialization course is designed for all registered nurses who completed Basic BSc Nursing/ Post Basic BSc Nursing (Nursing/Public Health Nursing)/Diploma in Nursing/Diploma in Nursing Science and Midwifery/Diploma in Midwifery/MPH/MSN and who meet the following criteria will be eligible to enter into the course:

1. Registered Nurse with valid registration from BNMC.
2. Age not more than 45 years.
3. Working experience in psychiatric hospital will be preferable.
4. Candidates must apply through proper channel where applicable.
5. Eighty percent (80%) seats will be reserved for Government Candidates and 20% seats for Non-Government Candidates.
6. If Non-Government candidate(s) are not available, then the quota will be filled-up by the Government Candidates from the waiting list and vice–versa.
7. Minimum two years' experience for Government and Non-Government Candidates is required.
8. A separate merit list will be published for Government and Non-Government Candidates.

Admission process

1. Advertisement on prominent news medium will be circulated based on the admission policy.
2. Candidates will be selected by the concerned institutions after advertisement.
3. A written test followed by viva voce will be carried out for selecting the candidates.
4. Admission test questionnaire will cover Nursing Science, English, and General Knowledge.
5. Examination will be conducted using Multiple Choice Questions (MCQ) format. Each question will carry 01 mark. Duration of examination will be 01 (one) hour.

Marks distribution

---

a. Written

Nursing Science (MCQ) - 80

b. Oral Exam - 20

Total – 100

Teaching-Learning strategies

A range of teaching-learning strategies will be followed for active learning. Learning opportunities will be provided for participants to encourage problem solving approach and learning by doing. Besides the nurse teachers, external specialist (guest lecturers) may be invited in teaching activities.

Teaching Methods selected are as follows:

- Since it is a skill-based education and training, emphasis will be given on practical session.
- For teaching theories lecture method, group discussion, brainstorming, simulation, seminar/ workshop and demonstration will be used.
- Case study, problem-based learning, clinical labs, clinical teaching and clinical placement will be used for clinical practice.
- The manual for trainees will be used as reading material.

Teaching Aids

- White board, markers and duster
- Flip chart and marker pen
- Charts and models
- OHP and transparency sheet and pen
- Computer and Multimedia Projector
- Audio and video materials
- Current books and journals
- Internet facilities

Course Requirements

Theory Part

1. Class attendance: at least 80%.

2. Actively participation in class room and activities, group work, individual/group assignments, and other related activities.

3. Submitting individual/group assignments in time.

4. Attending in midterm and final examination.

Practical Part

1. Actively participation in pre and post clinical conference as scheduled.
2. Practice and participation in the clinical rotation as scheduled – at least 80% attendance required.
3. Reporting to the concerned nursing officer of the assigned hospital and ward on time with full uniform.
4. Preparing health education plans and providing health education according to the topic of interest or as allocated.
5. Preparing and submitting nursing care plans and providing nursing care according to the topic of interest or as allocated.
6. Writing, submitting and presenting case studies as allocated or personal interest.

Evaluation of the Course

1. The regular final examination will be held in each academic year at a specified time under the Bangladesh Nursing and Midwifery Council.
2. Each participant must appear in midterm examination and year final examination. In order to pass each year of the course, a student must pass in all the modules and she/he must pass in each individual assessment area of that specific module.
3. Midterm examination will include written, oral and practical assessment.
4. Midterm examination will be held internally by the concerned institution and final examination will be conducted by the Bangladesh Nursing and Midwifery Council.

5. Midterm examination will be conducted as formative assessment. However, the mark will be preserved in the record book of individual institution. Obtaining pass mark in the midterm exam will be required for the student to appear in the final examination.
6. The mark obtained in the formative assessment will be added in the final year mark sheet.
7. Assessment areas include written and/or oral and/or practical/clinical of that specific module.
8. Pass mark: 60% marks must be obtained in written, oral and practical papers separately in each module individually.
9. In order to pass the year final exam, a participant must achieve a pass grade in all of the modules in the final examination.
10. Participant who fails (obtained less than 60%) in any part of the assessment of the module(s) will have a chance to retake the examination in a convenient time.
11. If a candidate fails in either written or practical paper, she/he has to appear again for both the written and practical examination.
12. If a student fails in the first chance, he/she will get two more chance subsequently.
13. If a student fails to meet the clinical practice requirements of the course for any genuine reason (sick, emergency leave etc.), she/he has to make up her/his clinical practice requirements time with submission of necessary documents /certificate.
14. Students will be placed for clinical practice after having two months theoretical classes.
15. If a student remains absent for more than 3 months without informing the concerned authority, her/his case will be placed in the Academic Council. The Academic Council will then take necessary action.
16. Maximum number of participants for practical examination should not exceed 10 per day.
17. One internal and one external examiner (outside of the institution) should jointly conduct practical examination.

Procedures for teaching and placement in clinical areas

1. There will be one teacher and at least 2 co-teachers for each course where students' number is 25, and 4 co-teachers where students' number is 50 and accordingly (The ideal ratio between teacher and student should be 1:8 for clinical practice).
2. Rotation plan will be developed by the concerned subject`s teachers.
3. The Subject teacher will strictly follow the rotation plan for each course as specified in the curriculum.

Professional Experience Placements (PEP)

The principal goal of Professional Experience Placement (PEP) for practicum is to develop a thorough understanding of theoretical knowledge as well as competencies with relevant real-life professional experience for preparation in becoming a registered Specialized Psychiatric Nurse (SPN). It will help in the advancement of clinical skills through transferring theory into practice. This specialized program is recommended on the basis of subject-specific clinical placement at different organizations ensured by collaboration between institutes. Some organizations could be -

- Pabna Mental Hospital, Pabna
- Kishore Sonsodhon Kendro, Gazipur
- Drug Addiction Treatment & Rehabilitation Centre, Tejgaon, Dhaka
- Jails in Bangladesh
- Any other Mental Health related Hospital and Institution in Bangladesh.

Calculating Grade and Grade Point Average (GPA)

Student's knowledge and competency will be evaluated using this grading system. In this system, a student will receive a grade in each subject after completion of all requirements specified in the course syllabus. Marks of all courses obtained will be converted into a Grade which will eventually be summed and averaged to provide a Grade Point Average (GPA)

Evaluation by using Grading system

This evaluation will be performed at the end of each course. The students will be evaluated at the institutional level for internal courses and at the BNMC for externals courses. A student will receive a grade point using the following descriptions and weights:

Grade	Description	Weight
A +	(80% – 100%)	4
A	(75% – 79%)	3.75
A -	(70% – 74%)	3.5
B +	(65% – 69%)	3.25
B -	(60% - 64%)	3.00
Fail	Less than 60%	0.00

Graduation

A student will be graduated if she/he meets the following criteria:

1. Passes and completes the requirements of all courses including the clinical experience.
2. Gets a GPA of ≥3

Academic council (Public and Private)

Academic council will be formed by following members -

- Director /Deputy Director Academic Institute
- Principal or Representative
- Course Coordinator or Representative
- Nursing Superintendent or Representative
- Nursing Instructor/Lecturer or Representative

Methods of assessment

Methods of assessment will be both formative and summative for theory as well as for practice. Major emphasis will be given in the acquisition of clinical kills of professional courses.

Formative assessment

Theoretical part: Formative assessment will be conducted throughout the program and may include a combination of class attendance, class tests or quizzes and in course assignment. In course assignment may contain written assignment, preparation of posters, booklets, laboratory reports, practical notebook, case study, check list for clinical/field performance, rating scales, etc. Evaluation of clinical/field performance will be done through observation, check list, preparation of nursing care plan, case presentation, report writing, practical notebook, health education session, teaching session and maintaining diary for reflective learning. There will be separate examination procedure for practical assessment of Computer and Information Technology.

Summative assessment

Summative assessment will include written, oral and/or practical and/or clinical examination. However, there are some variations in assessing different subjects. Assessment methods and Subject-wise marks will be as follows:

Table 5: Distribution of Module According to Credit, Subject, and Marks

SL	Subjects	Total C	Formative	Written	Oral	Practice	Total
	Advanced Psychiatric Nursing: Core and Specialty Course						
Paper I	Basics of psychiatry	9	10	70	10	10	**100**
Paper II	Psychiatric Disorders	10	10	70	10	10	**100**
	Sub Total	19	20	140	20	20	**200**
	Advanced Psychiatric Nursing: Advanced Care and Intervention						
Paper I	Psychological and Social Management	11	10	60	10	20	**100**
Paper II	Psychiatric Nursing Management.	11	10	70	10	10	**100**
	Sub Total	22	20		20		**200**
	Grand Total	**41**	**40**	170	**40**	50	**400**

Methods of Assessment

1. **Formative assessment:** Class attendance and course work/quiz/assignments and presentations will be included for Formative assessment.
2. **Summative assessment:** Written, Oral and Practical Examinations will be included for summative assessment.
3. Marks obtained in Formative assessment and questions of written examination will be added together for considering the pass mark. In oral or /and practical examination student must pass separately. Pass marks will be 60%
4. **Duration of Examination hours:** Examination hours for written paper will be allotted as follows:

Marks	**Exam hours**
60	2.30 hours
70	3.00 hours

Formative Assessment

Distribution of Formative Assessment

10 marks of formative assessment will be divided as follows.

Class attendance	= 2
Practical attendance	= 2
Class test/quiz	= 2
Course work/assignment/ presentation	= 4
Total	= 10

1. Marking of Attendance/Class test/Quiz: 2 marks of class attendance will be converted into 100% and graded.

2. Marking of Course Work: Marks of the Course Work/ Assignment/ Presentation will be converted into 100% separately and graded as follows:

Percentage	Marks of Course Work Quiz/Class test
90–100 %	10
80–89.99%	9
70–79.99%	8
60–69.99%	7
50–59.99%	6
40–49.99%	5
30–39.99%	4
Less than 30	0

3. Quizzes or class tests

- **Number of class test or quiz:** At least two class tests or quizzes will be conducted in each individual subject in an academic year.
- **Number of questions:** Every class test or quiz should contain 10 questions.
- **Marks:** A total mark is 10. Each question may carry 1 marks. The obtained marks will be converted into percentage and then graded.
- **Time:** 15 minutes is allocated for every class test or quiz.
- **Types of question:** Questions of quiz or class test should be based on:

  Recall type = 70%

  Understanding or data interpretation or problem-based type = 30%

4. Course Work:

- **Number of Course Work:** One assignment will be given in each individual subject in each academic year.
- **Type of Course Work:** Course Work depends on the individual subject. It may include essay

writing; preparation of poster, individual/group project, booklet, laboratory report, practical notebook, case study, nursing care plan, oral presentation, debate, field report etc.

- **Marks:** Course Work will carry 04 marks. The obtained marks will be converted into percentage and then graded accordingly.
- **Time:** 10 days are allocated for completing Course Work for each individual subject. The faculty will negotiate among themselves in this regard. For minimizing re-writing there will be a provision for continuous guidance and clear instruction about Course Work.
- **Date of submission:** Student will submit the assignment at least 1 month prior to the commencement of final examination.
- **Instruction:** There should be clear instruction about written Course Work for example, writing style, referencing style, format of presentation, date of submission, word limit, making guideline, and any other instruction required to complete the Course Work.
- **Presentation of Course Work:** Writing style, referencing style, format of presentation, date of submission, word limit, marking guideline, and any other instruction required to complete the Course Work will be clearly mentioned.
- **Word limit:** Number of total words for written Course Work to be decided by the concerned faculty.
- **Type of essays:** Essay should be descriptive/ analytical/ judgmental/ argumentative/ understanding and data interpretation type.

5. Marking Criteria for Course Work/oral presentation /poster/ book let should be as follows

Table 6: Marking Criteria for Course Work/oral presentation /poster/ book let

Criteria for Course Work	Criteria for oral Presentation	Criteria for Poster	Criteria for Booklet
Accuracy – 50%	Audibility – 20%	Appearance – 20%	Appearance–10%
Clarity – 10%	Use of Visual Aids – 20%	Illustration of ideas – 20%	Legibility – 10%
Argument – 10%	Time Keeping – 20%	Flow & Sequence – 20%	Accuracy – 50%

Structure – 10%	Body Language – 20%	Balance of words & Images – 20%	Use of Visual Aids – 10%
Critical ability – 10%	Audience Involvement – 20%	Heading – 20%	Creativity & Originality – 10%
Creativity & Originality – 10%	-	-	Structure – 10%

Summative Assessment

- Summative Assessment consists of Written, Oral & Practical
- Written examination consists of MCQ, SQ & EQ

1. Multiple choice question (MCQ)

- **Number of items:** 10 MCQ for each subject.
- **Time allocation:** 10 minutes for 10 questions.
- **Type of question:** Multiple True/False type.
- **Patterns of question:** Each question will have one stem with five (5) alternatives.
- **Marks:** Each question will carry one mark where each alternative will carry 0.2 Marks.
- Ideally the ratio of true false in alternatives will be 3: 2 or 2**:**3 ratio. Answer key of the MCQ will be supplied to the examiners. MCQ examination will be taken within the first 10 minutes of the written examination.
- No negative marks will be given for wrong answer.
- Patterns of question**:** Questions of MCQ should be based on:
    - Recall type = 50%
    - Understanding or data interpretation type = 50%
- Marks of MCQ will be added together with the written.
- Marks of MCQ, EQ, SAQ should be sent together in the same envelop to the Registrar of BNMC.

- Fraction marks should be included. If there is fraction mark in aggregate of MCQ, then 0.5 marks or over will be considered as “1 “and 0.4 or less will be “0”.

2. For 60 Marks

- **Multiple Choice Question (MCQ)**
    - 10 marks for 10 MCQ
- **Short Question (SQ):**
    - 30 marks for SQ.
    - Each SQ will carry 5 marks and it will have sub-questions.
    - Students have to answer 6 questions out of 7 questions.
- **Essay Question (EQ):**
    - 20 marks for EQ.
    - Each EQ will carry 10 marks having no sub-questions.
    - Students have to answer 2 questions out of 3 questions.

3. For 70 Marks

- **Multiple Choice Question (MCQ)**
    - 10 marks for 10 MCQ
- **Short Question (SQ):**
    - 30 marks for SQ.
    - Each SQ will carry 5 marks and it will have sub-questions.
    - Students have to answer 6 questions out of 7 questions.
- **Essay Question (EQ):**
    - 30 marks for EQ.
    - Each EQ will carry 10 marks having no sub-questions.
    - Students have to answer 3 questions out of 4 questions.

Types of questions

- Recall type 60%
- Analytical 20%
- Problem based 20%

4. Distribution of the answer script to the examiners:

- The answer script with key answers of MCQ will be supplied to the examiners on the first day of oral or/&practical examination.

Oral or/ and Practical/ Clinical Examination

Marks of oral or/and practical examination in each subject will be as follows:

Total marks are distributed equally for oral and practical examinations where applicable.

- Oral examination will be done by structured questions and/or oral presentation involving internal and external examiners.
- Practical examination will include OSPE (Objective Structured Practical Examination) or/ and traditional methods, and practical notebook/ laboratory note book/ lesson plan/teaching session/reflective note book.
- Clinical/field performance will be assessed through checklist by using set criteria of scoring during the course.
- Oral and practical examination will be conducted together after written examination. Student must pass oral and practical examination separately.
- Student must get 60% marks pass mark.
- Number of Examinee for each day: Students should not be more than 10.

1. Structured Oral Examination (SOE): Preparation of questions and conduction of examination

- Several questions will be developed from the contents for each box.
    a. Recall type: Each box will contain at least 10-15 questions from the respective content of the subject.
    b. Analytical question: At least 5-10 questions from whole content will be prepared.
    c. Problem based question: At least 5-10 questions from whole content will be prepared.
- There will be up to five boxes contain structured oral questions. Oral part will be taken by lottery system.
    a. From recall type question boxes, student will draw up to 2 questions from one box i.e. ,6 questions from the three boxes **(2+2+2) = 6**
    b. Student will draw up to 2 questions from each analytical box.
    c. Student will draw up to 2 questions from each problem-based question box.
- **Time allocation:** approximately10-15minutes for every student.
- **Allocation of marks for each question**: Depend on types of question.
- Number of questions will be asked to each student–up to 5 (by each examiner).
- Student must get 60% mark for pass mark.

2. Conduction of Practical assessment

10 marks of Practical assessment will be divided as follows:

OSPE	= 5
Traditional exam/ Practical note book	= 5
Total	= 10

20 marks of Practical assessment will be divided as follows:

OSPE	= 5
Traditional exam/ Practical note book	= 5
Internal Formative Assessment	= 10
Total	= 20

1. Practical assessment would consist of OSPE, traditional exam or assessment of the practical note book.
2. Internal formative assessment would be conducted by the subject teacher and practical formative assessment will be signed by the external examiner.
3. OSPE (Objective structured practical examination) would consists of two kinds of station:
    a. spotting and b. procedure.
4. The ratio of spotting and procedure station will be 3: 1.
5. OSPE may contain up to 8 stations. 6 stations may be for spotting and 2 stations for procedure as per ratio of 3:1.
6. For each spotting station time allocated will be 3 minutes and for procedure station time will be 5 minutes.
7. In spotting station there may have 3 questions, like identification, composition or brief description and/or uses/ importance. Marks will be 1+2+2.
8. In procedure station student will be asked to perform a particular nursing procedure/ task. To assess student's performance 6 to 8 cards on different nursing procedures will be kept. Student will be instructed to draw up to 2 cards for performing the procedures. Checklists for specific procedures should be prepared beforehand and be available for examiners.
9. During procedure station, for observing the activity of students, the examiner will use the checklist. Examiner will give marks by observing the student's activity and may ask questions.
10. Marks of OSPE, traditional practical exam and/or practical notebook will be added together for counting total practical marks. Student must get 60% mark to pass the exam.

11. The marks of oral and practical examination will be recorded in the prescribed mark sheet and signed by the examiner and handed to the convener of the subject. The convener will send the mark sheets to the controller of examination.

12. The tabulators will receive marks of formative and written, oral & practical examination.

COURSE SYLLABUS

DIPLOMA IN PSYCHIATRIC NURSING

Bangladesh Nursing and Midwifery Council

2023

DIPLOMA IN

PSYCHIATRIC NURSING

Advanced Psychiatric Nursing

Core and Specialty Courses

Course Syllabus

Basics of Psychiatry

Course Information

Corse Title	Basics of psychiatry
Credit	09 (7/0/2)
Total Hours	304 (112/0/192)
Placement (Semester/year)	1st (/)
Pre-requisites	
Class Day and Times	
Class Location	(Room Number and Building)

Contact Information

Faculty	**(Instructor's Name & Title)**
Email	**(Email Address)**
Office	**(Room Number and Building)**
Teaching Assistant	**(Contact information)**

Course Materials

Required Textbook	Charney, D. S., Buxbaum, J. D., Sklar, P., &Nestler, E. J. (Eds.). (2018). *Neurobiology of mental illness*. Oxford University Press.
	Littrell, J. (2015). *Neuroscience for psychologists and other mental health professionals: Promoting well-being and treating mental illness*. Springer Publishing Company
	Rinomhota, A. S., & Marshall, P. (2000). *Biological aspects of mental health nursing*. Elsevier Health Sciences.
	Mwebe, H. (2021). *Psychopharmacology: a mental health professional's guide to commonly used medications*. Critical Publishing.
	Koocher, G. P., & Keith-Spiegel, P. (2008). *Ethics in psychology and the mental health professions: Standards and cases*. Oxford University Press.
	Halter, M. J. (2014). *Varcarolis' Foundations of psychiatric mental health nursing*. Elsevier Health Sciences.
	Polit, D. F., & Beck, C. T. (2012). *Nursing research: Generating and assessing evidence for nursing practice*. Lippincott Williams & Wilkins.
	Kjervik, D. K., &Brous, E. A. (2010). *Law and ethics in advanced practice nursing*. Springer Publishing Company.
	Scott, P. A. (Ed.). (2017). *Key concepts and issues in nursing ethics*. Springer.
	Saba, V. K., & McCormick, K. A. (2015). *Essentials of nursing informatics*. McGraw Hill Education.
	Fadem, B. (2009). *Behavioral science*. Lippincott Williams & Wilkins.

Course Description

Neuro-anatomy, Neurophysiology, Psychopharmacology, Psychology, Informatics and Nursing Research

Course Goal This course is designed to

a) assist the students in developing in-depth understanding in the field of Neuro-anatomy and Physiology & Psycho-Pharmacology. It will help in developing advanced knowledge and skills regarding the structural and physiological functions of nervous system especially neurons and endocrine system in relation to human behavior. It will further enable the students about the basic principles of psychotropic drugs action that includes pharmaceutics, pharmacokinetics, and pharmacodynamics, essential drugs, and composition of drugs, mode of action, and adverse effects during the period of treatment of patients with psychiatric disorders.

b) help the students in understanding the concept of Nursing Informatics and Research Methodology, behavioral science and ethics. This shall enable them to develop dynamics of human behavior, positive attitude and good interpersonal relationships in the practice of nursing in all health care settings.

Objectives: Upon completion of the course the students/participants will be able to:

1. Acquire a basic knowledge of the structural, molecular and functional aspects of the nervous system and the senses.
2. Explain the structure and physiological functions of the brain in relation to human behavior.
3. Identify the different organs and their functions of the nervous system and endocrine system.
4. Describe the molecular, cellular and electrophysiological bases of synaptic neurotransmission.

5. Understand the structural and functional bases of receptors and the transduction of sensory stimuli: mechanic, visual, auditory, gustatory and olfactory.
6. Explain the structural and Neuro-chemical organization of the different areas of the brain stem and their functional implications.
7. Describe the organizational models of the cerebral cortex and superior cognitive functions
8. Apply knowledge of neurobiology to the client with mental disorder
9. Explain the general principles of Psychotropic drugs including its mode of action, side effects and minimizing agents during the period of treatment the patients with psychiatric disorders.
10. Explain the concepts and importance of Nursing Informatics.
11. Develop theoretical knowledge and skills on MS office program on Communication Technology (ICT).
12. Explain the basic concepts related to operating computer and perform MS word, excel program including internet browsing.
13. Describe the basic concepts of statistics and its utilization in data management system.
14. Describe the role of psychiatric nurse in motivation process in human behavior.
15. Analyze factors influencing human behaviors in different age groups.
16. Explain the Research Methodology and its importance/application in the field of psychiatric nursing to find out the factors related to psychiatric disorders.
17. Explains why and how people behave differently using (biological theories, behavioral theories, and social learning theories).
18. Explain the dynamics of human behavior, personality and learning.
19. Discuss the role of adjustment mechanisms and emotions in health and illness.

Teaching & Learning Methods

- Lecture cum discussion
- Demonstration/Return demonstration
- Presentation
- Team based learning
- Self-study

Course Requirements:

- Attending classroom study - 100% (At least >95%)

- Participating actively in group work on written assignment and presentation.

Methods of Evaluation

Participants will be evaluated after completion of the course using the following strategies:

1. Class Tests
2. Presentation
3. Mid-term examinations
4. Final examination (conducted by BNC)

Course Outlines

Hours	Class	Topic
10	**05**	Concept of Psychiatric Nursing Scenario in Bangladesh; Mental Health Illness and different Terminology; Concept of psychosis and neurosis and Common psychiatric disorder in Bangladesh
	Neuro- anatomy and Neuro- Physiology	
06	03	Organization of the Nervous System; Structure, development, properties and functions of nerve cells; Major Divisions of the Central and Peripheral Nervous System
06	03	Brain, Structure, Function of brain and spinal cord
06	03	Neurons-Definition, Varieties, Developmental structure and functions of the neurons; Electrical capacities and neurons-Synapse
08	04	Neurotransmitters and Receptors - Definition, structure, types and action.
06	03	Endocrine system- -Pituitary, Thyroid, and Adrenal Gland
	Neuro Pharmacology	
10	05	Introduction and basic principle of drug action; Pharmacokinetic and Pharmacodynamics
20	10	Psychotropic Drugs: Classification, Mode of action side effects, complications of Psychotropic Drugs
	Psychology	
16	08	Introduction of Psychology; Importance, Application, and scope of psychology for nurses; Methods and Branchesof Psychology; Introduction to Behavioral Science; Significance, Basic concepts of Behavioral Science, Biological Basis of Behaviour and Behavioural theory; Concepts of normal and abnormal behavior and attitude
	Research Methodology and Evidence Based Nursing	
14	7	Concept on Nursing Research; Steps, and Methodology of Research; Statistics, Data management, and interpretation of results; Concept of Evidence based Nursing.
	Introduction to Nursing Informatics	
10	05	Concepts of Nursing Informatics and Communication Technology (ICT); Protection of personal health information (ethics and law), Health related MIS system in Bangladesh; Operating and applications software; Navigating the digital library; Sources and Information, knowledge and Evidence; Virginia Henderson's Need Theory; Nursing Process & Care plan formulation.

Psychiatric Disorders

Course Information

Corse Title	Psychiatric Disorders
Credit	10 (6/0/4)
Total Hours	480 (96/0/484)
Placement (Semester/year)	2nd (/)
Pre-requisites	
Class Day and Times	
Class Location	(Room Number and Building)

Contact Information

Faculty	**(Instructor's Name & Title)**
Email	**(Email Address)**
Office	**(Room Number and Building)**
Teaching Assistant	**(Contact information)**

Course Materials

Required Textbook	American Nurses Association, & International Society of Psychiatric-Mental Health Nurses. (2007). *Psychiatric-mental health nursing: Scope and standards of practice*. Amer Nurses Assn. Halter, M. J. (2014). *Varcarolis' Foundations of psychiatric mental health nursing*. Elsevier Health Sciences. American Psychiatric Association. (2013). *Desk reference to the diagnostic criteria from DSM-5*. Halter, M. J. (2019). *Varcarolis' Manual of psychiatric mental health nursing*. Elsevier Health Herdman, T.H. &Kamitsuru, S. (Eds.). (2014). NANDA International Nursing Diagnoses: Definitions & Classification, 2015–2017. Oxford: Wiley Blackwell

Course Description

	Child, Adolescents and Family Psychiatry, Adult, and Geriatric psychiatric disorders covers introduction to Psychiatry, classification of mental disorders, behavioral and emotional disorders occurring in childhood and adolescence, adult, geriatric and organic disorder and crisis intervention.
Course Goal	Students will understand Psychology. Psychotherapy, Counseling, Rehabilitation and Psychiatric Social Work.
Objectives:	Upon completion of the course the students will be able to develop knowledge about: - Psychiatric examination, classification of mental disorders, behavioral and emotional disorders occurring in childhood and adolescence, psychiatric assessment, diagnosis and management of adult, geriatric and organic psychiatric disorder and crisis intervention. Provide first aid treatment and minor ailments for psychiatric emergency patients as and when required.

Teaching & Learning Methods

Lecture cum discussion

- Demonstration on data organization, tabulation of data and calculation of statistics
- Group work assignment
- Presentation
- Team based learning
- Self-study

Course Requirements:

- Attending classroom study - 100% (At least >95%)

- Participating actively in group working on written assignment and presentation.

Methods of Evaluation

Participants will be evaluated after completion of the course using the following strategies:

1. Class tests
2. Quiz at the end of class without informing students in advance
3. Presentation
4. Midterm examinations will be held internally
5. Final examination will be conducted by the Bangladesh Nursing Council at the end of the year.

Course outline

Hours	Class	Topics
20	10	Classification and Diagnostic System; ICD – 10/11, DSM 5, NANDA Nursing Diagnosis, Nursing Intervention Classification (NIC), Nursing Outcomes Classification (NOC)
04	02	Anxiety and Stressor related disorders; Overview of Anxiety disorder (GAD); Panic Attacks and Panic Disorder; Specific Phobic Disorders -Social Phobia and Agoraphobia; Overview of Trauma and stressor related Disorder; Acute Stress Disorder (ASD); Posttraumatic Stress Disorder
04	02	Dissociative Disorders; Overview of Dissociative Disorders; Depersonalization / DE realization Disorder; Dissociative Identity Disorder
04	02	Eating Disorders; Introduction to eating disorders; Avoidant / restrictive food intake disorder; Pica, Rumination Disorder, Anorexia Nervosa; Binge Eating Disorder, and Bulimia Nervosa.
06	03	Mood Disorders; Overview of Mood Disorders, Bipolar Disorders, Drug Treatment of Disorder, Depressive Disorders, and Drug Treatment of Depression
04	02	Obsessive Compulsive related Disorders; Obsessive Compulsive Disorder (OCD); Body Dimorphic Disorder; Hoarding Disorder; Excoriation (Skin – Picking) Disorder; Body Focused Repetitive Behavior Disorder; Olfactory Reference Syndrome
10	05	Personality Disorders; Overview of Personality Disorders, Types of Personality Disorders, Symptoms and Signs, Diagnosis Procedures and Treatment
10	05	Schizophrenia Spectrum and Related other Disorders; Brief Psychotic Disorder, Delusional Disorder, Schizoaffective Disorder, Schizophrenia, Schizophreniform Disorder, Substance/Medication–Induced Psychotic Disorder, and Nursing care plan.
06	03	Gender Dysphonia and Paraphilia; Overview of Sexual Behavior, Societal attitudes about sexuality and gender, Gender Dysphoria and Transsexualism, Overview of Paraphilic Disorders, Exhibitionistic Disorder, Fetishistic Disorder, Pedophilic Disorder, Sexual Masochism Disorder, Sexual Sadism Disorder, Transvestic Disorder, and Voyeuristic Disorder
06	03	Somatic Symptom and Related Disorder; Overview of Somatization, Conversion Disorder, Factitious Disorder Imposed on Self, Illness Anxiety Disorder, and Somatic Symptom Disorder.
08	04	Substance Related Disorders; Overview of Substance Related Disorders in Bangladesh, Substance Induced Disorders, Substance Use Disorders, Alcohol Related Psychosis, and Substance Induced Mood Disorder
08	04	Child and Adolescent psychiatry; Anorexia Nervosa, Attention Deficit Hyperactivity Disorder, Autism, Avoidant-Restrictive Food Intake Disorder, Pediatric Attention Deficit Hyperactivity Disorder, Pediatric Mental Retardation, Pediatric Social Phobia and Selective Mutism, Pediatric Tourette Syndrome, and Social Phobia.
06	03	Geriatric and organic psychiatric disorder; Alzheimer Disease, Alzheimer Disease in Down Syndrome, Geriatric Sleep Disorder, Hoarding Disorder, Vascular Dementia

DIPLOMA IN

PSYCHIATRIC NURSING

Advanced Psychiatric Nursing Care and Intervention

Course Syllabus

Psychological and Social Management

Course Information

Corse Title	Communication skills, Counseling, Psychosocial Management, Psychiatric Social Work and rehabilitation
Credit	11 (7/0/4)
Total Hours	496 (112/0/384)
Placement (Semester/year)	1st (/)
Pre-requisites	
Class Day and Times	
Class Location	(Room Number and Building)

Contact Information

Faculty	**(Instructor's Name & Title)**
Email	**(Email Address)**
Office	**(Room Number and Building)**
Teaching Assistant	**(Contact information)**

Course Materials

Required Textbook	Babu, S. (2018). *Psychology for Nurses, -E-Book*. Elsevier Health Sciences
	Halter, M. J. (2014). *Varcarolis' Foundations of psychiatric mental health nursing*. Elsevier Health Sciences.
	Corey, G. (2011). *Theory and practice of counseling and psychotherapy*. Cengage learning.
	Palmiotto, M. J., &Kinnison, N. (2017). *Psychology for Nurses and Health Professionals*. CRC Sciences
	Wheeler, K. (2020). *Psychotherapy for the advanced practice psychiatric nurse: A how-to guide for evidence-based practice*. Springer Publishing Company.
	Barrett, N. M., Gill, K. J., Pratt, C. W., & Roberts, M. M. (2013). *Psychiatric rehabilitation*. Academic Press
	Sheppard, M. (2004). *Mental health work in the community: theory and practice in social work and community psychiatric nursing*. Routledge.

Course Description

	Psychoeducation, Counseling, Psychosocial Management, Rehabilitation and Psychiatric Social Work are important for nurses to enrich their knowledge and skills in nursing practice. It will cover the developmental stages of personality across the lifespan, stress and adjustment mechanism though which nurses will be able to find out the etiological factors of mental illness. It will help the nurses in providing psychoeducation counselling, psychosocial management, rehabilitation services to patients. Psychiatric Social Work learning will help them in reintegrating the patient with his family and community.
Course Goal	Students will study on Psychology, Psychotherapy, Counseling, Rehabilitation and Psychiatric Social Work.
Objectives:	Upon completion of these subjects the students will acquire in-depth knowledge and understanding through they will be able to: 1. Describe the concepts of Psychology. Psychotherapy, Counseling, Rehabilitation and Psychiatric Social Work 2. Demonstrate the role of psychiatric nurse practitioner in various therapeutic modalities 3. Provide comprehensive care to the patients with mental disorder in hospital and community settings.

Teaching & Learning Methods

- Lecture cum discussion
- Demonstration on data organization, tabulation of data and calculation of statistics
- Group work assignment
- Presentation
- Team based learning
- Self-study

Course Requirements:

- Attending classroom study - 100% (At least >95%)

- Participating actively in group working on written assignment and presentation.

Methods of Evaluation

Participants will be evaluated after completion of the course using the following strategies:

1. Class tests
2. Quiz at the end of class without informing students in advance
3. Presentation
4. Midterm examinations will be held internally
5. Final examination will be conducted by the Bangladesh Nursing Council at the end of the year.

Course Outline

Hours	Class	Topics
04	02	Growth and development across life span; Growth and Development Theory of Learning, Human Learning and learning theory; Memory and Forgetting; Consciousness; Sensation; Perception; Language, Thinking, and Problem Solving; Motivation and Drives; Emotion and Feeling, Frustration and Conflict; Intelligence and IQ; Personality and Theory Personality
20	10	
06	03	Stress, Coping and Stress – coping theory: Adaptation, Adjustment and maladjustment
08	04	Psych-diagnostic procedures; Psychological testing - type and area; utility and applications of psychological tests in the clinical set up
08	04	Legal and ethical aspects in nursing; Mental Health Acts, Policy and Legislation; Concept of Communication, Therapeutic Communication, and Therapeutic Relationship; Interviewing and Relationship skills; Verbal and Nonverbal Communication
10	05	Self-awareness, Social determinants of mental health, Bio-psychosocial model, relaxation techniques, Self-care techniques
22	11	Counselling: Types Phases of counselling Methods/ technique
24	12	Psychotherapy: Psychoanalysis and psychodynamic therapies, Transactional analysis (TA), Behavioural, and cognitive therapy, Group and family therapy, Psycho drama and sociometry Psych-education, Crisis Intervention
10	05	Psychiatric Social Work Rehabilitation; Short-term and long-term rehabilitation program for psychiatric client; concept of social, Psychiatric social work and Community social service

Psychiatric Nursing Management

Course Information

Corse Title	Mental Health and psychiatric NursingManagement
Credit	10 (7/0/3)
Total Hours	400 (112/0/288)
Placement (Semester/year)	2nd (/)
Pre-requisites	
Class Day and Times	
Class Location	(Room Number and Building)

Contact Information

Faculty	**(Instructor's Name & Title)**
Email	**(Email Address)**
Office	**(Room Number and Building)**
Teaching Assistant	**(Contact information)**

Course Materials

Required Textbook	American Nurses Association, & International Society of Psychiatric-Mental Health Nurses. (2007). *Psychiatric-mental health nursing: Scope and standards of practice*. Amer Nurses Assn.
	Halter, M. J. (2014). *Varcarolis' Foundations of psychiatric mental health nursing*. Elsevier Health Sciences.
	American Psychiatric Association. (2013). *Desk reference to the diagnostic criteria from DSM-5*.
	Halter, M. J. (2019). *Varcarolis' Manual of psychiatric mental health nursing*. Elsevier Health
	Herdman, T.H. &Kamitsuru, S. (Eds.). (2014). NANDA International Nursing Diagnoses: Definitions & Classification, 2015–2017. Oxford: Wiley Blackwell
	Varcarolis, E. M. (2016). *Essentials of psychiatric mental health nursing-E-book: A communication approach to evidence-based care*. Elsevier Health Sciences

Course Description

	Community mental health nursing, inpatients psychiatric emergency; assessment and management of maternal psychiatric disorders. introduction of psychiatry, principles of psychiatric nursing and role and functions of psychiatric nurse, assessment, nursing diagnosis and management, legal psychiatry. introduction to psychiatric nursing, and its application to clinical settings, interpersonal relationship skills, fundamentals of ward administration, quality of psychiatric of nursing, nursing approach, community mental health nursing, and crisis intervention. Refers to psychiatric hospital or psychiatric.
Course Goal	Students will learn about Community Mental Health Nursing, Psychiatric Emergency; Assessment and Management of Psychiatric Disorders
Objectives:	Upon completion of the course the students will be able to develop knowledge about: 1. Introduction of Community Psychiatry, psychiatric assessment, nursing diagnosis and management, forensic psychiatry. Students will be able to identify patients in needs of referral to a psychiatrist or in a mental health hospital. 2. Fundamentals of ward administration, community mental health nursing and crisis intervention. 3. Develop communication skills in managing different categories of psychiatric patients. 4. Explain the principles of community psychiatric nursing, mental health promotion, mental illness prevention of individual, families and communities and mental illness rehabilitation.

Teaching & Learning Methods

- Lecture cum discussion
- Demonstration on data organization, tabulation of data and calculation of statistics
- Group work assignment
- Presentation
- Team based learning
- Self-study

Course Requirements:

- Attending classroom study - 100% (At least >95%)

- Participating actively in group working on written assignment and presentation.

Methods of Evaluation

Participants will be evaluated after completion of the course using the following strategies:

1. Class tests
2. Quiz at the end of class without informing students in advance
3. Presentation
4. Midterm examinations will be held internally
5. Final examination will be conducted by the Bangladesh Nursing Council at the end of the year.

Course Outline

Hours	Class	Topics
20	10	Community Mental Health Nursing- Concepts and rule of community psychiatric nursing, and Promotion and prevention of mental health
20	10	Psychiatric Emergency- Concepts and discuss differentPsychiatric emergency, Medical emergencies, and Mental Health Challenges During disease outbreak
24	12	Assessment of psychiatric Disorders - Approach to the Patient with Mental Symptoms, Routine psychiatric assessment, History Taking (MSE), Medical assessment of the patient with mental symptoms and Behavioral emergencies.
40	20	Management of Psychiatric Disorders Application of the Nursing Process, and Treatment Modalities (Psycho-social, Medical) for: Neurodevelopment disorders, Schizophrenia Spectrum disorders, Bipolar and related disorders, Depressive disorders Anxiety disorders, Obsessive – compulsive disorders, Trauma and Stressor – related disorders, Dissociative Disorders, Somatic symptom disorders, Feeding and eating disorders, Elimination disorders, Sleep-wake disorders, Sexual Dysfunctions, Gender Dysphoria; Disruptive, Impulse control, and conduct disorders, Substance Related and Addictive Disorders, Neurocognitive disorders, Personality Disorders, Paraphilic disorders, and Other Disorders
08	04	Maternal Mental Health: Prenatal ant Post-natal Psychosis

Reference

Arafat, S. Y. (2019). History of psychiatry in Bangladesh. *Asian journal of psychiatry*, *46*, 11-12.

Charney, D. S., Buxbaum, J. D., Sklar, P., & Nestler, E. J. (Eds.). (2013). *Neurobiology of mental illness*. Oxford University Press.

Gibbs, G. (1988). *Learning by Doing: A guide to teaching and learning methods*.

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Keltner, N. L. (2023). *Psychiatric nursing*. Elsevier Health Sciences.

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Jahan, N., Maruf, M. M., Sultana, B., Habib, S. H., Khan, M. Z. R., & Begum, A. (2017). Family Support and Stigma among Patients Attending a Tertiary Care Hospital in Bangladesh. *BIRDEM Medical Journal*, *7*(2), 148-154.

Patel, V. (2018). *Where there is no psychiatrist: a mental health care manual*. RCPsych publications.

Sharrock, J., & Happell, B. (2006). Competence in providing mental health care: a grounded theory analysis of nurses' experiences. *Australian Journal of Advanced Nursing, The*, *24*(2), 9-15.

Silva, M., Resurrección, D. M., Antunes, A., Frasquilho, D., & Cardoso, G. (2020). Impact of economic crises on mental health care: a systematic review. *Epidemiology and psychiatric sciences*, *29*.

Smith, S. A. (2012). Nurse competence: A concept analysis. *International journal of nursing knowledge*, *23*(3), 172-182.

World Health Organization. (2018). ICD-11: International classification of diseases 11th revision. *Retrieved September*, *6*, 2021.

World Health Organization. (2022, June 8). *Mental disorders*. https://www.who.int/news-room/fact-sheets/detail/mental-disorders

World Health Organization. (2021, October 8). *Mental health atlas 2020*. https://www.who.int/teams/mental-health-and-substance-use/data-research/mental-health-atlas

World Health Organization. (2019). National Mental Health Survey of Bangladesh, 2018-19: provisional fact sheet.

Annexure

Admission committee

The admission committee will consist of –

1	Director/Representative from the hospital attached to the concerned institution	Chairperson
2	Director, Nursing Education/Representative from DGNM	Member
3	Registrar/Representative from BNMC	Member
4	Instructor/Lecturer of Institution/College	Member
5	Principle of the Institution/College	Member Secretary

Examination Committee

Examination committee will be formed before the final examination of each year. Members will be selected by the Director/Head of the institution. The committee will consist of -

1. By virtue of the post, the Director/Head of the institution will be the Chairperson of the examination committee.
2. Registrar/representative from BNMC.
3. Respective subject teacher or coordinator will be the convener of the examination.
4. Subject teacher of the respective courses will coordinate and act as internal examiner during examination.
5. The external examiner of each course will be selected by BNMC
6. Questions setter, moderator, script examiner, tabulator will be selected by the examination committee.
7. Course coordinator will coordinate with other members and integrate teaching learning activities.

All examination will be conducted according to set criteria by BNMC.

Expert Contributors

Review Committee		
Sl. No	**Name, Designation, and Working place**	**Position**
1	**Mr. Nitis Chandra Sarkar**, Additional Secretary (Medical Education Wing), and Vic-President, Bangladesh Nursing Council (BNMC)	Chairperson
2	**Prof Dr. Bidhan Ranjan Roy Podder**, Director, National Institute of Mental Health (NIMH), Sher-E-Bangla Nagar, Dhaka-1207.	Member
3	**Ms. Saleha Khatun,** Mentor, Grameen Caledonian College of Nursing (GCCN)	Member
4	**Md. Kamal Hossain,** Senior Staff Nurse, National Mental Health Institute and Hospital (NIMH), Sher-E-Bangla Nagar, Dhaka-1207. Mobile: 01993899981, Email: kamal.nimh@gmail.com	Member
5	**Mohommad Najmul Quader**, MSN (Psychiatric-Mental Health Nursing), MPH, RN Senior Staff Nurse, National Mental Health Institute and Hospital (NIMH), Sher-E-Bangla Nagar, Dhaka-1207. **Mobile:** 01914499547, **Email**:najmul.quader@gmail.com	Member
6	**Rashida Akhte**r, Registrar, Bangladesh Nursing Council BNMC, Dhaka Mobile: 01716880733, Email:rashida.akhter767@gmail.com	Member Secretary

Working Committee		
Sl. No	**Name, Designation and Working place**	**Position**
1	**Ms. Suriya Begum, Registrar**, BNMC, Dhaka Mobile:01711694546, **Email**: shuriya@bnmc.gov.bd	Chairperson
2	**Ms. Shila Rani Hira**, Instructor, College of Nursing, Mohakhali, Dhaka-1212, Mobile**:**01724383904 **Email**: shila.hira81@gmail.com	Member
3	**Mohommad Najmul Quader**, MSN (Psychiatric-Mental Health Nursing), MPH, RN Staff Nurse, Shaheed Suhrawardy Medical College (ShSMCH), Sher-E-Bangla Nagar, Dhaka-1207. **Mobile:** 01914499547, Email:najmul.quader@gmail.com	Member
4	**Md. Kamal Hossain,** Senior Staff Nurse NIMH, Sher-E-Bangla Nagar, Dhaka-1207. Mobile: 01993899981, Email: kamal.nimh@gmail.com	Member
5	**Rashida Akhter**, Deputy Registrar, BNMC, Dhaka Mobile: 01716880733, Email:rashida.akhter767@gmail.com	Member Secretary

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Faculty Qualifications

Position Title	Qualification and Experience
Associate professor	Must have an MSc in Psychiatric Nursing or equivalent degrees in psychiatric nursing from any recognized university with 15 years of clinical nursing/teaching experience. In case of non-availability of eligible candidates. The attachment /additional responsibility order shall be given from equivalent posts or relaxing the eligibility of the candidate.
Assistant Professor	Must have an MSc in Psychiatric Nursing or equivalent degrees in psychiatric nursing from any recognized university with 10 years of clinical nursing/teaching experience. In case of non-availability of eligible candidates. The attachment /additional responsibility order shall be given from equivalent posts or relaxing the eligibility of the candidate
Lecturer	Must have an MSc in Psychiatric Nursing or equivalent degrees in psychiatric nursing from any recognized university with 7 years of clinical nursing/teaching experience. In case of non-availability of eligible candidates. The attachment /additional responsibility order shall be given from equivalent posts or relaxing the eligibility of the candidate.
Couse coordinator	Must have an MSc in Psychiatric Nursing or equivalent degrees in psychiatric nursing from any recognized university with 7 years of clinical nursing/teaching experience. In case of non-availability of eligible candidates. The attachment /additional responsibility order shall be given from equivalent posts or relaxing the eligibility of the candidate
Nursing Instructor	Must have an MSc in Psychiatric Nursing or equivalent degrees in psychiatric nursing from any recognized university with 5 years of clinical nursing/teaching experience. In case of non-availability of eligible candidates. The attachment /additional responsibility order shall be given from equivalent posts or relaxing the eligibility of the candidate.

Note: According to the rules of BNMC, the Faculty shall be recruited in proportion to the student's numbers.

Sample of Certificate

Office of the Registrar
Bangladesh Nursing and Midwifery Council
203, Shaheed Syed Nazrul Islam Sarani, Bijoynagar, Dhaka-1000.

Diploma in Psychiatric Nursing"

Presented to-

.....

for successfully completing the course on

"Psychiatric Nursing"

Year:.....

Registrar
Bangladesh Nursing & Midwifery Council

President
Bangladesh Nursing & Midwifery Council

Office of the Registrar
Bangladesh Nursing and Midwifery Council
203, Shaheed Syed Nazrul Islam Sarani, Bijoynagar, Dhaka-1000.

SL.No…….
Statement showing the Mark-Sheet of …. ….. ….. …. ….. ….. …. ….. ….. …. ….. …..…. ….. …..…. ….. …..Father's Name…. ….. ….. …. ….. ….. …. ….. ….. …. ….. …… …….. Mother's Name …. ….. …..…. ….. ….. …. …… .. ….Roll No. …. ….. Registration No. …. ….. Institute …. ….. …..…. ….. ….. ……..…. ….. …..…. ….. ….. …. ….. …. of Final Examination for **Diploma in Psychiatric Nursing** held in the Month of …. ….. …..…. ….. …..…. ….. …..

	Advanced Psychiatric Nursing																				
	Core and Specialty										**Care and Intervention**										
	Basic of Psychiatric					***Psychiatric Disorders***					***Psychological and Social Management***					***Psychiatric Nursing Management***					
	F	**W**	**O**	**P**	**T**	**F**	**W**	**O**	**P**	**T**	**F**	**W**	**O**	**P**	**T**	**F**	**W**	**O**	**P**	**T**	**GPA**
Full Marks	10	70	10	10	100	10	70	10	10	100	10	60	10	20	100	10	70	10	10	100	
Pass Marks	6	42	6	6	60	6	42	6	6	60	6	36	6	12	60	6	42	6	6	60	
Marks obtained by the Candidate																					

Formative = F, Written = W, Oral = O, Practical = P, Total = T

Registrar
Bangladesh Nursing and Midwifery Council

Form 1

1. Clinical Practicum Log

Name		**Month**	
Student ID		**Specialty**	
Faculty		**Preceptor**	

Instructions:

a. A short description of your patients
b. What care you provided to each patient
c. Procedures
d. Ethical dilemmas (if any were encountered)
e. Problems with staff, preceptor, faculty
f. Problems which may need discussion with faculty preceptor
g. Goals for next week

Date	Log

Form 2

2. Reflective Journal

Name		**Month**	
Student ID		**Specialty**	
Faculty		**Preceptor**	

Instructions:
For each week, write a reflective journal answering all the questions below. Include specific contents and examples from the practicum experience.

1. What was the most interesting or meaningful part of your practicum experience?
2. What was the most challenging or difficult part of your practicum experience? What could have been done bett er?
3. What are the most important lessons you have learned in the practicum? How would you use the lessons learne d in the future?
4. How did your practicum experience influence your profession of nursing and nursing practice?

Date	Reflection

Form 3

Case Report

1. **Subjective Data**
   - A. Chief complaints
   - B. Frame for chief complaints
     1) onset (suddenly or gradually)
     2) location/ radiation
     3) duration/ frequency
     4) characteristics
     5) aggravating/ relieving factors
     6) associated factors
     7) severity or quantity of symptoms
   - C. Past History
     1) Medical history (admission, operation, etc)
     2) Current medication
     3) Allergies
   - D. Social history
   - E. Review of system
2. **Objective Data**
   - A. Physical exam
   - B. Lab data
   - C. Diagnostic data (radiologic finding, etc)
3. **Diagnose (*use NANDA*)**
   - A. Actual & potential health problems
4. **Plan**
   - A. Treatment plan & nursing care plan

5. **Implementation**

6. **Evaluation**

    A. Problem solved

    B. Any new problems

    C. Reassessment

7. **Health promotion & disease prevention strategies**